



2019 JANUARY PK-8

Meridian Public Schools Visit Us @ www.mpsdk12.net

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Fruit, Assorted Fruit Juice and Milk Variety offered daily at Breakfast!				
Sausage & Biscuit French Toast Sticks Assorted Cold Cereals Yogurts w/Muffins Strawberry Toaster Pastries	Sausage Pancake on a Stick Waffles Assorted Cold Cereals Fruit Flavor Cereal Bar	Sausage & Biscuit w/Grits Assorted Cold Cereals Yogurt w/Muffins Strawberry Toaster Pastry	Grilled Cheese Sandwich Donuts Assorted Cold Cereals Fruit Flavor Cereal Bar	Bacon, Egg, and Cheese Biscuit Sausage Pancake on a Stick Assorted Cold Cereals Yogurts w/Muffins
Lunch Fruit, Assorted Fruit Juice and Milk Variety offered daily at Lunch!				
January 7	January 8	January 9	January 10	January 11
Students Not In School	Beef Ravioli w/Garlic Toast Cheese Pizza Chef Salad w/Crackers Corn on the Cob Tossed Salad w/Dressing Chilled Peaches Pineapple Tidbits	Grilled Chicken Sandwich Hamburger/Cheeseburger w/Trimming Chef Salad w/Crackers Mixed Vegetables Oven Fries Fresh Fruit Bowl Chilled Peaches	BBQ Rib Sandwich Chicken Spaghetti Chef Salad w/Crackers Criscut Sweet Potatoes Black-Eyed Peas Fresh Fruit Cup	Salisbury Steak w/Gravy Chicken Nuggets Tuna Salad Chef w/Crackers Green Peas Mashed Potatoes Mixed Fruit Fresh Fruit Bowl Whole Wheat Roll Sugar Cookie
January 14	January 15	January 16	January 17	January 18
Cheesy Chicken over Rice Hamburger/Cheeseburger w/Trimming Chef Salad w/Crackers Green Peas Criscut Sweet Potatoes Fresh Fruit Bowl Chilled Peaches Chocolate Chip Cookie	Chicken Noodle Soup & Sandwich Meatballs in Marinara Hoagie Chef Salad w/Crackers French Fries Green Beans Chilled Peaches Fresh Fruit Bowl	BBQ Rib Sandwich Fish Sticks Tuna Salad Chef w/Crackers Tater Tots Baked Beans Fresh Fruit Bowl Mixed Fruit	Crispy Chicken w/Cornbread Turkey & Cheese Hoagie Chef Salad w/Crackers Sweet Potato Cubes Black-Eyed Peas Fresh Fruit Bowl Brownies	Italian Rotini Casserole w/Garlic Toast Cheese Pizza Chef Salad w/Crackers Mixed Vegetables Oven Fries Fresh Fruit Bowl
January 21	January 22	January 23	January 24	January 25
 MARTIN LUTHER KING DAY	Hamburger/Cheeseburger Tuna Salad Sandwich w/Chips & Pickle Spear Chef Salad w/Crackers French Fries Tossed Salad w/Dressing Fresh Fruit Bowl	Chicken Nuggets w/Roll Spaghetti & Meat Sauce w/Roll Chef Salad w/Crackers Cheesy Mashed Potatoes Green Peas Fresh Fruit Bowl Sugar Cookie	Fried Catfish w/Hushpuppies Sloppy Joe Chef Salad w/Crackers Confetti Coleslaw Corn on the Cob Fresh Fruit Bowl	Grilled Chicken Sandwich Chili Dog Chef Salad w/Crackers Tater Tots Baked Beans Fresh Fruit Bowl
January 28	January 29	January 30	January 31	
BBQ Chicken Sandwich Hamburger Steak w/Gravy & Roll Chef Salad w/Crackers Baked Beans Mashed Potatoes Chilled Peach Slices	Chicken Spaghetti w/Roll Mini Hot Dogs Chef Salad w/Crackers Crinkle Cut Fries Cheesy Broccoli Chilled Pear Halves	Meatballs in Marinara Hoagie Grilled Chicken Sandwich Chef Salad w/Crackers Spicy Fries Baby Carrots w/Dressing Mandarin Fruit Cup	BBQ Chicken w/Cornbread Mexican Pizza Chef Salad w/Crackers Tomato & Cucumber Salad Lima Beans Fresh Fruit Bowl	

(Menu choices are subject to change without notice due to availability of items listed)

Meridian Public Schools does not discriminate on the basis of race, color, religion, national origin, sex, age, disability in the provision of educational programs and services or employment opportunities and benefits.