


2019

JANUARY

MHS

Meridian Public Schools Visit Us @ www.mpsdk12.net

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Fruit, Assorted Fruit Juice and Milk Variety offered daily at Breakfast!				
Sausage & Biscuit Assorted Breakfast Bread Assorted Cold Cereals Strawberry Toaster Pastry	Breakfast Chicken Patty Waffles in a Bag Fruit Flavor Cereal Bar Yogurt Parfait	Sausage & Biscuit w/Grits Yogurts w/Muffins Strawberry Toaster Pastry	Sausage Pancake on a Stick French Toast Sticks Fruit Flavor Cereal Bar Yogurt Parfait	Sausage & Biscuit Powdered Donuts Assorted Cold Cereals Fruit Flavor Cereal Bar
Lunch Fruit, Assorted Fruit Juice and Milk Variety offered daily at Lunch!				
January 7	January 8	January 9	January 10	January 11
Students Not In School	Grilled Chicken Sandwich Country Fried Steak & Gravy w/Roll Tuna Ranch Wrap w/Chips Chef Salad w/Crackers Scalloped Potatoes Cheesy Broccoli Fruit Cocktail Fresh Fruit Cup Mixed Fruit	Fish Sticks w/Cornbread Chili Con Carne w/Beans & Cornbread Tuna Salad Chef w/Crackers Oven Fries Baked Beans Apple Delicious Fresh Fruit Cup	Crispy Chicken w/Roll Croissant Sandwich w/Chips Stuffed Crust Pizza Chef Salad w/Crackers Green Beans Baked Sweet Potato w/Margarine Fresh Fruit Bowl Chilled Pears Oatmeal Raisin Cookie	Salisbury Steak w/Gravy Chicken Nuggets Turkey & Cheese Hoagie w/Chips Chef Salad w/Crackers Green Peas Mashed Potatoes Chilled Peach Slices Fresh Fruit Cup
January 14	January 15	January 16	January 17	January 18
Mexican Pizza Spicy Chicken Sandwich w/Chips Chicken Spaghetti w/Garlic Toast Chef Salad w/Crackers Potato Salad Green Peas Garden Salad w/Dressing Tropical Fruit Fresh Fruit Cup	Steak Fingers w/Roll Baked Pork Chop w/Roll Turkey & Cheese Hoagie w/Chips Chef Salad w/Crackers Tuna Salad Chef w/Crackers Whole Kernel Corn Mashed Potatoes w/Gravy Fresh Fruit Cup Sliced Strawberries Chocolate Pudding	Chicken Tenders Bacon Hamburger/Cheeseburger Chef Salad w/Crackers Lima Beans Seasoned Potato Wedges Fresh Fruit Bowl Steamed Brown Rice	Buffalo Chicken Wings w/Cornbread Corn dog Croissant Sandwich w/Chips Chef Salad w/Crackers Tuna Salad Chef w/Crackers Black-Eyed Peas Sweet Potato Fries Chilled Pears Fresh Fruit Cup	Fried Catfish Fillet w/Hushpuppies Glazed BBQ Meatball Hoagie Turkey & Cheese Hoagie w/Chips Chef Salad w/Crackers Spicy Fries Creamy Coleslaw Glazed Carrots Chilled Peaches Fresh Fruit Cup
January 21	January 22	January 23	January 24	January 25
 MARTIN LUTHER KING DAY	Chicken Tenders w/Roll Cheese Pizza Grilled Chicken Sandwich Chef Salad w/Crackers Tater Tots Green Peas Fresh Fruit Bowl Chilled Pears Chocolate or Vanilla Pudding	Red Beans & Rice w/Sausage & Cornbread Grilled Chicken Sandwich Tuna Salad Chef w/Crackers Sweet Potatoes Cubes Seasoned Cabbage Fresh Fruit Bowl Chilled Peaches	Fried Catfish w/Hushpuppies Sloppy Joe Grilled Chicken Sandwich Chef Salad w/Crackers Confetti Coleslaw Corn on the Cob Fresh Fruit Bowl Mixed Fruit	Hamburger Steak w/Gravy & Roll BBQ Pulled Pork Sandwich Grilled Chicken Sandwich Chef Salad w/Crackers Mashed Potatoes Green Beans Fresh Fruit Bowl Fruit Crisp
January 28	January 29	January 30	January 31	
Country Fried Steak w/Roll Cheesy Chicken Over Rice w/Roll Hamburger/Cheeseburger w/Chips Tuna Salad Chef w/Crackers French Fries Cream-Style Corn Black-Eyed Peas Fresh Fruit Bowl Chilled Peach Slices	BBQ Rib Sandwich Buffalo Chicken Wings w/Roll Turkey & Cheese Hoagie w/Chips Chef Salad w/Crackers Crinkle Cut Fries Tossed Salad w/Dressing Green Peas Chilled Pear Halves	Shepherd's Pie w/Roll Chicken Patty Sandwich Turkey & Cheese Hoagie w/Chips Chef Salad w/Crackers Glazed Carrots Cheesy Broccoli Fresh Grapes Pineapple Tidbits	Chicken Noodle Soup Sandwich Combo Loaded Chicken Fajita Potato w/Roll Stuffed Crust Pizza Chef Salad w/Crackers California Veggies Whole Kernel Corn Tossed Salad w/Dressing Fresh Fruit Bowl Brownies	

(Menu choices are subject to change without notice due to availability of items listed)

Meridian Public Schools does not discriminate on the basis of race, color, religion, national origin, sex, age, disability in the provision of educational programs and services or employment opportunities and benefits.